

Hamden - North Haven Adult Education

Course Catalog
Winter/Spring 2015

TO ALL NORTH HAVEN RESIDENTS

This past semester, combining Hamden and North Haven Adult Education Programs was very successful. The staff at North Haven Public Schools, especially at the High School, has been more than accommodating and has gone out of their way to answer our many questions and make us feel welcomed.

Residents from both Hamden and North Haven had the opportunity to participate in many educational, fun, and interesting courses such as the cooking, computer, crafts and fitness classes. Adult learners also had opportunities to learn to speak English, attend citizenship classes, or choose from the three routes to high school completion. This collaboration has provided community members more options in the area of adult learning than ever before. We look forward to seeing you in an Adult Education class soon.

If you have any questions or ideas for future courses or trips, please contact us by phone at 203-407-2028, 203-773-9211 x 139, or 203-239-1641 x 2913 (Monday – Thursday evenings). Additional information is available on our web site, www.hamdenadulthood.org or by email at rwebb@hamden.org.

Keep your eyes open for the Fall 2015 Hamden-North Haven catalog. It will be the first combined catalog offered and will be full of great classes and opportunities for travel.

MONDAY

American Heart Association Pediatric CPR
 Babysitting Preparation
 CT Security Officer License Certification Course
 Computer Basics
 Healthy Freezer Meal Workshop - 10 Meals
 in One Night
 Introduction to Tai Chi
 iPhone - An Comprehensive Introduction
 Investing with Guarantees & Certainty - Not
 Maybes
 Make a Start at Needlepoint
 Microsoft PowerPoint
 Microsoft Word Made Easy
 Professional Bartending Certification
 Sewing Shortcuts and Tricks
 Spring Fling Crafts
 The World of Journaling
 Vital Social Security Planning for Boomers
 Watercolors for Beginners
 Zumba

TUESDAY

AARP Driver Safety Smart Program
 Art of Beautiful Writing - Beginning Calligraphy
 Art of Beautiful Writing - Intermediate
 Calligraphy Techniques
 Belly Dance Basics
 Birds of Connecticut
 Crystal & Gemstone Healing For Animals
 Digital Photography (D-SLR) Introduction
 Discover Yourself Through Playing Cards
 eBay - Buying and Selling Online
 Italian (Beginners)
 Italian (Intermediate/Conversational)
 Italian Entrees, Pizza, Calzones,
 and Stuffed Breads
 Italian Soups, Pizza, Calzones,
 and Stuffed Breads

TUESDAY

(continued)

Naked Retirement Workshop
 Pilates
 Relax, Rest and Renew
 Stained Glass
 The User's Guide to the Gluten-Free Universe
 Yoga

WEDNESDAY

Beginning Russian
 Crochet: All Levels
 Drawing: Beginner & Intermediate
 Introduction to Active Dreaming
 iPad - A Comprehensive Introduction
 iPhone/iPad: Beyond the Basics
 Italian Pastry and Easter Pies
 Keyboarding Made Easy
 Microsoft Excel Made Easy
 Painting - Oil & Acrylics
 Planning for Affordable Long Term Care
 The World of Bead Weaving

THURSDAY

American Association Friends and Family CPR
 Culinary Journey Around the World
 Cyber Security & Identity Theft
 Embroidery
 Improve Your Knitting
 Learn to Knit
 Lose Weight With Hypnosis
 Making The Most of Social Security
 Replacement Window Workshop
 Smart Phone Photography
 Stenciling
 Tassels & Braids
 Yoga II

MISCELLANEOUS

Bus Trips (page 13)
 Driver Education (page 13)
 Location of Classes (back page)
 SAT Preparation Course (page 11)



HAMDEN

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ADULT EDUCATION PROGRAM

Director of Adult Education
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Enrichment Facilitator
Rissa Webb - rwebb@hamden.org

The Hamden-North Haven Adult Education Program (GED® Prep, National External Diploma Program, Adult High School, Basic Skills, and ESOL) is open to all residents of North Haven who are 17 years of age and are not participating in a public school program.

Residents (from Hamden or North Haven) enrolled in enrichment courses pay the designated resident fee by check, money order or credit card. Non-residents must pay the non-resident rate listed.

The Hamden-North Haven Adult Education Program is operated by the Hamden Board of Education under provision of the Statutes of the State of Connecticut.

Calendar

Winter/Spring 2015

REGISTRATION:

Register for any course(s) as soon as our brochure is available, regardless of the course start date. Registrations can be made at any time during the semester. **Do not wait until the last minute.** Classes may be cancelled if enough registrations are not received by four days prior to the starting date.

Registration information can be found on page 15. Use the registration form and include your fee. Make checks payable to: **HAMDEN ADULT EDUCATION**

All students interested in GED® preparation classes, Basic Skills, English for Speakers of Other Language (ESOL), and Citizenship, must register in person:

Keefe Community Center - 11 Pine Street, Hamden
A Photo ID is required at registration.

Education Classes

GED®, ABE, ESOL, and Citizenship **begin the week of March 23rd.**

Enrichment Classes Begin

Monday February 2

No Classes

Winter Break February 16-17
 Spring Break April 13-19

*****PLEASE NOTE*****

When the regular school program is cancelled due to inclement weather or emergencies, adult education is also cancelled. See Storm Day Policy on page 14.

Register early to avoid cancellations!

All Classes are held at
North Haven High School
 unless otherwise noted
(See Back Page for Location of Classes)

Three Ways to Complete Your High School Education

Photo I. D. is required at registration



1 GENERAL EDUCATION DEVELOPMENT (GED®)

HIGH SCHOOL EQUIVALENCY DIPLOMA

This Program prepares adult learners to pass the 4-part, computer-based GED® exam to earn a State of Connecticut diploma. Students receive necessary instruction in each of four subject areas: Science, Social Studies, Math and Reading through Language Arts - plus basic computer skills to take the exam. Instructors will also review the official website, ged.com, where students can access related exam information and exam registration procedures.

Students must be at least 17 years old and officially withdrawn from school to enroll in the GED® preparation classes listed here. To be able to register for the GED® exam, students must be at least 17 years old and officially withdrawn from school for 6 months, and 17 year-olds must submit a withdrawal form with a parent or guardian signature. Individuals who are 18 years of age may submit, in lieu of a withdrawal form, a letter from their last high school that the class with which they entered ninth grade (or would have entered if never enrolled in high school) has already graduated. Students can begin the GED® registration process online at ged.com and complete the process in person at the Hamden Adult Education Office, located at Hamden High School, 2240 Dixwell Avenue, Hamden. For more information please call 203-407-2028, 203-773-9211 ext. 139 or from 5:15-9:15 pm 203-239-1641, ext 2913.

Individuals with a documented disability who require accommodations to take the GED® exam should contact Sabrina Mancini at the Connecticut State Department of Education at (860) 807-2110 or Sabrina.mancini@ct.gov

2 NATIONAL EXTERNAL DIPLOMA PROGRAM

Experienced adults who want to earn a high school diploma may consider an alternate route. Working at their own rate, adults can demonstrate the skills and knowledge acquired through life experience. Upon completion of this program, North Haven residents will be awarded a North Haven Adult High School Diploma. For program information call the Hamden Adult Education office for more information at (203) 407-2028.

3 ADULT HIGH SCHOOL DIPLOMA CREDITS

North Haven residents can earn a North Haven Adult High School Diploma through the Hamden Adult Education Department. Classes are offered in English, Mathematics, Social Studies and Science on Monday through Thursday evenings. Additional credits may be earned for work experience and/or online work. **This program is most appropriate for individuals who were recently in high school but who lack a few credits.** Candidates who enjoy an academic setting and group interaction, or who plan to further their education and want to improve their academic skills, are also encouraged to enroll in this program. **Classes are held at Hamden High School and will begin:**

Term 1 - Monday, January 12 at 6:30 PM

Term 2 - Wednesday, March 11 at 6:30 PM

Call (203) 407-2028 for an individual interview to determine if this is your best route to obtain a high school diploma.

Registration will be held at Hamden High School Adult Education.

Term 1- Monday, January 5 at 6:30 PM

Wednesday, January 7 at 6:30 PM

Term 2- Monday, March 9 at 6:30 PM

GET THAT JOB!

Are you unemployed or underemployed? Lacking a high school diploma? Looking to change careers but don't know where to start? We have a **FREE** program that will provide you with the skills necessary to be productive in today's

workplace. **This program is open only to those adults who do not have a high school diploma.**

Key Components:

- Create a personal career plan
- Develop workplace skills such as teamwork, critical thinking, and problem solving
- Improve your reading, writing and math to levels of proficiency necessary for workforce and post secondary skills
- Connect with local businesses

Class meets on Tuesday and Thursday 9:30 am to 12:30 pm beginning January 20.

Registration at the Keefe Community Center

Tuesday, January 13 and Thursday, January 15 9:30 - 10:30 am or 6:30 - 7:30 pm

ESL • Adult Basic Education • Citizenship • GED® Preparation

You must Register in Person

PHOTO I. D. IS REQUIRED AT REGISTRATION

PLAN TO SPEND TWO HOURS AT THE TIME OF REGISTRATION

Adult Basic Education (ABE)

This free course is for adults, without a high school diploma, who want to improve basic reading, writing and math skills. Our classes can help you gain greater self confidence, improve life skills and prepare you to enter a high school completion program. After a brief evaluation we develop a learning plan that will assist you in reaching your goals.

**Classes meet Monday and Wednesday
Starting Monday, March 23
9:00 AM - 1:00 PM
6:30 PM - 9:00 PM**

Become A U.S. Citizen

Take our free citizenship class to prepare for the U.S. Naturalization Exam.

**Classes meet Wednesday
Starting Wednesday, March 25
6:30 PM - 8:30 PM**

English As A Second Language

LEARN TO SPEAK, READ & WRITE ENGLISH

**Morning Classes
Monday and Wednesday
starting Monday, March 23
or
Tuesday and Thursday
starting Tuesday, March 24
9:00 am - 12:00 pm**

**Evening Classes
Tuesday and Thursday
starting Tuesday, March 24
6:30 - 9:00 pm**

GED® Prep

This free program prepares adult learners to pass the 4-part, computer-based GED® exam to earn a State of Connecticut diploma. Students receive necessary instruction in each of four subject areas – Science, Social Studies, Math and Reading through Language Arts – plus basic computer skills to take the exam. Instructors will also review the official website, ged.com, where students can access related exam information and exam registration procedures. Students must be at least 17 years old and officially withdrawn from school to enroll in the GED® preparation classes listed here.

**Classes meet:
Monday and Wednesday
Starting Monday, March 23
9 am - 1 pm
or
Monday, Tuesday, & Wednesday
6:30 - 9:00 pm**

**All above classes held at the Keefe Community Center
Register in Person at the Keefe Center on:
Monday, March 16 and Wednesday, March 18
9:30 - 10:30 AM or 6:30 - 7:30 PM**

Monday

AMERICAN HEART ASSOCIATION PEDIATRIC CPR #5803
6:30-9:30 2 Wks C.Levy RN, S.Gesner, RN
 Designed to meet the regulatory requirements for child care workers in CT. Learn to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. The course covers child/infant/adult CPR and child/adult AED. Intended for camp counselors, coaches, foster care workers, parents, grandparents, babysitters, youth group leaders.
 Fee: \$90 Non-resident \$95 Room: 106 Begins: 3/9

BABYSITTING PREPARATION #5804
6:30-9:30 2 Wks C.Levy RN, S.Gesner, RN
 This course is designed for girls and boys 11-15 years old. Taught by a team of pediatric nurses, you will learn the essentials of being a good babysitter. This includes how to get your business started, playtime ideas, trouble shooting solutions and of course health and safety including child and infant CPR, first aid and choking prevention and maneuvers.
 Fee: \$50 Non-resident \$55 Room: 106 Begins: 5/4

CT SECURITY OFFICER LICENSE CERTIFICATION COURSE #5806
6:00-10:00 2 Nights Louis Bonito
 This is a two day course!! That's right...you can get certified in just two days to receive your Connecticut Uniformed Security Officer/Guard/CT security license. We help prepare you to work!! The lesson plan provided by LJB Security Training has been approved by the State of Connecticut Department of Public Safety. Upon successful completion of this course, you will be issued a training certificate. This certificate must accompany you along with 2 pictures which are supplied when submitted to the Connecticut Department of Emergency Services and Public Safety. Once the application is submitted, all fees are paid, and you receive your security officer/guard license or CT guard card. You are now ready, able and well prepared for the exciting security field in Connecticut. You are now qualified to work as a Uniformed Security Officer/Guard for any licensed employer in the state of Connecticut.
Second class is Wednesday 3/18.
 Fee: \$125 Non-resident \$130 Room: 105 Begins: 3/16

COMPUTER BASICS #5300
6:30-8:30 6 Wks Sara Bozzuto
 Learn to use your personal computer through hands-on experiences, while learning computer terminology. Boot up, log on, hardware, software, USB flash drive, Internet and email are a few of the terms you will become familiar with and use. Learn about Windows, Microsoft Word, Excel and PowerPoint and create, edit, format and save documents. Little or no experience is needed. *Handouts are included.*
 Fee: \$85 Non-resident: \$90 Room: 104 Begins: 2/2

All Adult Education fees can be paid by check, credit card, or money order.

HEALTHY FREEZER MEAL WORKSHOP - #5611
10 MEALS IN ONE NIGHT
6:30-8:30 1 Night Christian Mirowski
 We're all busy people, but still want to feed our families healthy foods with no chemicals and preservatives. You will leave this class with 10 preservative-free, all-natural meals to put in your freezer (each serves 4-6), and recipes for side dishes AND the left-over seasonings. **A \$100 non-refundable consumable fee payable to instructor** which includes all supplies(vegetables, canned goods, seasonings, and ziplock bags) EXCEPT MEAT. A list of meats will be provided in advance. Bring your own can opener and measuring spoons. Let us know of ANY dietary restrictions at registration. **Deadline to register is two weeks prior to class.**
#5611A - Savory Selections – Feb 23
#5611B - Homestyle Meals – Apr 6
#5611C - Get Your Grill On – May 11
 Fee: \$29 Non-resident: \$34 Room: 109

INTRODUCTION TO TAI CHI #5101
6:30-7:30 8 Wks Michael LaPointe
 This course will provide an eight-week introduction to the ancient Chinese art of Tai Chi. You will learn to use this gentle form of exercise for improving strength, balance, endurance, flexibility, coordination, concentration and managing stress. *Michael LaPointe has studied Tai Chi for many years with the Grandmaster Aiping Cheng.*
 Fee: \$80 Non-resident: \$85 Green Acres Cafeteria Begins: 2/2

INVESTING WITH GUARANTEES & CERTAINTY -- #5510
NOT MAYBES
7:00-9:00 2 Wks Dorothy Mautte
 This course is designed for those who are tired of watching their invested funds go up and down. Learn the secrets of being in control of your cash flow and maximizing income while providing real returns and protecting principal in any economic environment. The instructor of this highly acclaimed course is a Certified Financial Planner® with over 45 years of experience..
 Fee: \$40 Non-resident: \$45 Room: 106 Begins: 3/30

IPHONE: A COMPREHENSIVE INTRODUCTION #5309
6:00-8:00 3 Wks Dave Wray
 Whether you are already using your iPhone or have yet to take it out of the box, this course is for you. iPhones offer technology and features to make your everyday life more fun and manageable, but you have to know how to do it. We will review the phone itself and discuss hardware and its functionality. We go through all of the touches and gestures needed to navigate. We explore all the settings that allow you to create a customized user experience. We'll discuss the importance of security, data storage and the iCloud to allow you to synch and protect your data, and also locate your iPhone if it is lost or stolen. This course packs enough information to help experienced users improve their experience at a pace suited for both basic and intermediate users. **Bring your iPhone with you to class and have your Apple ID and password.**
 Fee: \$60 Non-resident: \$65 Room: NHHS Library Begins: 4/20

Monday

MAKE A START AT NEEDLEPOINT

6:00-8:00

2 Wks

Henrietta Curtis

We will cover an exciting selection of stitches, including beads and the designs of bargello and ideas for making various items. Just bring your scissors. **A \$20 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$35 Non-resident: \$40 Room: 102 Begins: 4/20

MICROSOFT POWERPOINT

6:30-8:30

3 Wks

Sara Bozzuto

Learn to create, edit, format and view presentations and slides using this fun and easy software. Change layouts, add background styles and insert, move and size clipart/graphics. Use transitions and animations to enhance your slide show and more. Keyboarding skills are helpful. Handouts are included. **Please bring a USB Flash Drive to class.**

Fee: \$50 Non-resident: \$55 Room: 104 Begins: 5/4

MICROSOFT WORD MADE EASY

6:30-8:30

5 Wks

Sara Bozzuto

Learn word processing (the easy way) by creating documents such as letters and resumes. Create, edit, format, save and print text and graphics. Use tools such as spell and grammar check, thesaurus, word count, the help menu, print preview and keyboard shortcuts. Change margins, tabs, line spacing and fonts; create headers, footers and borders; cut, copy, paste and more. Work efficiently with folders and files. Keyboarding skills are helpful. Handouts are included. **Please bring a USB Flash Drive to class.**

Fee: \$70 Non-resident: \$75 Room: 104 Begins: 3/23

PROFESSIONAL BARTENDING CERTIFICATION #5801

6:00-9:00

5 Wks

Paul Rich

This course includes the state and national SMART certification recognized by the CT Dept. of Liquor Control and police departments. Servers of alcohol are taught to serve responsibly, how to spot signs of intoxication, and how to respond appropriately. Learn to make more than 100 drinks, from gin and tonics to cosmopolitans. Instruction focuses on opening and closing procedures, product knowledge, speed and preparation, and people skills. Once completed, you will be qualified to work in any environment that serves liquor. *Students receive the SMART certification.*

A \$25 non-refundable materials fee is due to the instructor the first night of class.

Fee: \$200 Non-resident: \$205 Room: 114 Begins: 3/2

SEWING SHORTCUTS AND TRICKS

7:00-9:30

1 Night

Regina Bohn

You don't need to bring your sewing machine to this class. The instructor will demonstrate many sewing shortcuts, tips and tricks to make simple gifts and alter your own clothes. A fun night for all sewers - even beginners. **Please bring a notepad and pen to class.**

Fee: \$25 Non-resident: \$30 Room: 103 Begins: 4/27

SPRING FLING CRAFTS

7:00-9:00

1 Night

Sallie Fowler

Are you tired of winter and can't wait 'til spring?? In this fun 2-hour class we'll think spring with lots of die-cuts, rubber stamps, stencils and 3-D embellishments. We'll make baskets for jelly beans, spring cards, and a mason jar table decoration. No experience required. Instructor's rubberstamps will be used. **A \$10 non-refundable materials fee is included in price.**

Fee: \$35 Non-resident: \$40 Room: 117 Begins: 3/9

THE WORLD OF JOURNALING

7:00-9:00

2 Wks

Sallie Fowler

Have you ever wanted to start a journal but the blank page terrified you? During these two sessions you'll experience the world of journaling. Following my unique style, you will have the opportunity to explore the different kinds of journaling, how to use inspirational quotes, poems, writing prompts and how to overcome that dreaded first page. You'll have fun using rubber stamps, stencils, water colors, and 3-D embellishments. **A blank composition book and notebook for class notes is required.**

Fee: \$45 Non-resident: \$50 Room: 117 Begins: 2/9

WATERCOLORS FOR BEGINNERS

6:30-8:30

6 Wks

MaryLou Horan

In this class you will get acquainted with watercolor painting. You will mix color, compositions, and make lively designs and colors while using different methods. A short material list will be given at the time of registration. **A \$10 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$65 Non-resident: \$70 Room: 115 Begins: 3/2

VITAL SOCIAL SECURITY PLANNING FOR BOOMERS – WHAT YOU DON'T KNOW CAN HURT YOU! #5509

6:30-8:30

1 Night

Dorothy Mautte

Learn what to consider when deciding to apply for benefits, when to delay and when not to, how to estimate your benefits, innovative strategies for coordinating spousal benefits, how to minimize taxes on social security benefits, how to coordinate social security with other retirement income. These decisions can affect your income for the rest of your life.

Fee: \$25 Non-resident: \$30 Room: 106 Begins: 3/2

ZUMBA

8:00-9:00

8 Wks

Destiny Johnson

In this course the instructor has blended the best, safest and most effective moves from the dance and fitness world to create an hour of fun, sweat and results. This workout burns calories at a very high rate while digging deep into the core using all muscle groups to give participants that toned, lean, graceful dancer's body. Participants will look and feel younger, stronger, sexier and more confident with every session. There will be time to learn some basic moves before the workout to give a foundation for a great Zumba experience! Everyone will have a fun, effective and safe workout no matter what their fitness level may be.

Fee: \$70 Non-resident: \$75 Middle School Gym Begins: 3/23

Tuesday

AARP DRIVER SAFETY SMART PROGRAM

5:00-9:00

1 Night

Staff

This course is primarily for seniors fifty years of age and older, but is open to anyone with a driver's license. We will cover defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. Participants will learn about current rules of the road and how to operate their vehicles more safely. A certificate of completion for seniors can result in a discount on auto insurance rates.

Fee: \$15-AARP Members; \$20-Non-members Room: 105

6000A - 2/24 **6000B** - 3/17 **6000C** - 4/21 **6000D** - 5/19

No Cash - Checks only, payable to AARP. AARP Membership required to receive AARP fee. Membership card must be brought to class to verify.

ART OF BEAUTIFUL WRITING - BEGINNING CALLIGRAPHY

#5200

6:30-8:30

6 Wks

Jean Little

Treasure the moments with memories saved in beautiful hand scribed calligraphy. Add a little elegance using calligraphy on envelopes, invitations, poems or gifts just in time for the holidays or any other special occasion. This is a great way to make a first impression. You can learn the art of beautiful writing in just six weeks. If you have enjoyed looking at calligraphy, but have never tried it, you are in for a pleasant surprise. Calligraphy is easy and you will have a small, but completed project in just six weeks. A short material list will be given prior to class. **A \$10 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$65 Non-resident: \$70 Room: 115 Begins: 2/3

ART OF BEAUTIFUL WRITING - INTERMEDIATE CALLIGRAPHY TECHNIQUES

#5216

6:30-8:30

6 Wks

Jean Little

You've taken the first step; now expand your writing with an intermediate course in Calligraphy. This class will inspire you to improve your skills with more creative usage. You will learn a lot of very useful layout and design information. Have fun creating swirls and decorating letters, creating beautiful invitations, inspirational poems/quotes, holiday cards, gift tags and more. Congratulate yourself on your progress; your writing can only get better. A short list of materials will be given prior to class. **A \$10 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$65 Non-resident: \$70 Room: 115 Begins: 3/31

BELLY DANCE BASICS

#5100

6:00-7:00

6 Wks

Aleenah

Raise your fitness level, coordination and confidence as you discover the magic of one of the oldest and most beautiful dance forms. This class provides clear, easy to follow instruction in the basics of Middle Eastern dance. You will learn exciting moves and combinations that will keep you belly dancing!

Fee: \$60 Non-resident: \$65 Room: NHHSPELobby Begins: 2/3

BIRDS OF CONNECTICUT

#5415

6:30-8:30

4 Sessions

Stephen Broker

Each month, we will study the birds of Connecticut and how to enjoy and learn from them. Our topics include use of binoculars and field guides, identification of birds, habitat-friendly yards, bird song, behavior, habitat use, feeding, nesting, and migration. Tuesday indoor sessions (2/3, 3/3, 4/21, 5/12) are paired with Sunday outdoor field trips (2/8, 3/8, 4/26, 5/17) to local important bird areas. All levels of birding experience are welcome. Bring your binoculars on Sundays.

Fee: \$75 Non-resident: \$65 Room: 105 Begins: 2/3

CRYSTAL & GEMSTONE HEALING FOR ANIMALS #5416

6:30-8:30

1 Night

Donna Velardi

You will learn about gemstones and crystal energies and how they can affect & benefit animals. We will discuss the animal's chakras & the corresponding gemstone. We will see how using a pendulum can help balance the chakras. We will learn how to do a gemstone and crystal healing layout for animals. We will discuss several animal problems such as abuse and trauma, allergies, bereavement, stress and training problems. This class will give you the opportunity to enhance your relationship with your pets through a different perspective.

Fee: \$32 Non-resident: \$37 Room: 106 Begins: 2/24

DIGITAL PHOTOGRAPHY (D-SLR) INTRODUCTION #5418

6:30-8:30

6 wks

Arek Szewczyk

You will learn fundamental techniques, principles, and applications of camera based image making. You will become familiar with basic camera operation, and learn to use settings and features as elements of effective photographic composition. Little or no experience is needed. **You should have access to a digital camera for shooting assignments. A \$5 non-refundable materials fee is due to instructor the first night of class.**

Fee: \$70 Non-resident: \$75 Room: 115 Begins: 4/7

DISCOVER YOURSELF THROUGH PLAYING CARDS #5417

6:30-8:30

1 Night

Donna Velardi

You will learn how to do a psychic reading using playing cards. We will discuss the nature of the four suits, your birth card and the planetary ruling card. We will see what is written in the cards - the personalities, lives and loves in the 52 playing cards. This will be a fun and informative class to help enhance your personal enrichment. **Bring a deck of playing cards to class.**

Fee: \$32 Non-resident: \$37 Room: 106 Begins: 4/21

eBay - BUYING AND SELLING ONLINE

#5305

6:30-8:30

4 Wks

Christian Johnson

Learn the ins and outs of buying and selling online with eBay. This course will teach you how to open an account online with eBay and PayPal. Learn how to become an eBay seller, price and list your items, handle payments, ship and complete the sale. We will also cover the process of buying on eBay. This class is a must for anyone with items to sell, a desire to earn extra money or those searching for a bargain.

Fee: \$50 Non-resident: \$55 Room: 111 Begins: 4/21

Tuesday

ITALIAN (Beginners)

6:00-7:30

8 Wks

Massima Lunato

This course is primarily concerned with the fundamental skills of the Italian language. Grammar will be taught through pattern practice and generalization, and all writing will be strictly controlled. Reading is minimal and is based on material mastered aurally/orally. Italian culture will also be presented as it relates to the language lessons.

Fee: \$75 Non-resident: \$80 Room: 107 Begins: 3/24

#5700

PILATES

7:00-8:00

6 Wks

Melissa Daniele

Pilates is a mind/body workout based on the philosophies of Joseph Pilates designed to strengthen and stretch muscles from the core, which is essential to the stability of the spine. Improve your muscle tone, posture, flexibility and balance. Reduce stress in this mind/body workout.

#5102A - Begins: 2/3

#5102B - Begins 3/31

Fee: \$60 Non-resident: \$65 Montowese School Library

#5102

ITALIAN (Intermediate/Conversational)

7:35-9:05

8 Wks

Massima Lunato

This intermediate course will reinforce and advance fundamental skills. Greater emphasis on reading, and writing will become less structured. Students will also learn more about Italian culture and customs and will learn practical, everyday vocabulary which will be useful in real-life travel situations. Don't miss the opportunity to practice your Italian, especially if you are planning a trip to Italy!

Fee: \$75 Non-resident: \$80 Room: 107 Begins: 3/24

#5701

STAINED GLASS

6:00-8:30

8 Wks

Ryan Cyr

Learn the art of stained glass using the copper foil technique made popular by Louis Comfort Tiffany. Students will complete one stained glass panel throughout the course and leave with the tools and the ability to complete future works on their own. There will be some out of class assignments. No prior experience necessary. **A \$85 non-refundable kit fee is due to instructor the first night of class.** Additional glass purchased separately.

#5217A - Begins: 2/3

#5217B - Begins 4/7

Fee: \$95 Non-resident \$100

Room: 114

#5217

ITALIAN ENTREES, PIZZA, CALZONES AND STUFFED BREADS

6:30-9:00

5 Wks

Chef Richard Inzero

In this hands-on class, we will be making entrees, such as: baked stuffed sole, breaded pork loin covered with peppers & onions, chicken parmigiana, marsala, florentine, homemade manicotti, steak pizzaiola in a pressure cooker, stovetop sauce or Mexican chili, along with a side dish or salad. Each week we will eat the meal we prepared, but bring containers for the leftovers. On the last night of class, we will make a variety of pizzas, calzones & stuffed breads.

A \$45 non-refundable consumable fee is due to the instructor the first night of class.

Fee: \$60 Non-resident: \$65 Room: 109 Begins: 3/17

#5604

THE USER'S GUIDE TO THE GLUTEN-FREE UNIVERSE

6:00-8:00

1 Night

Fran Paulman

This is a resource class, designed to give you hope if you have been diagnosed as gluten intolerant. The instructor has been gluten-free for four years and has worked with naturopathic doctors at the National College of Natural Medicine in Portland OR. We will discuss the kinds of products that are on the market, where to find them, and good sources for recipes you will enjoy making. Living gluten-free doesn't have to feel like deprivation!

Fee: \$25 Non-resident: \$30 Room: 106 Begins: 3/10

#5422

ITALIAN SOUPS, PIZZA, CALZONES AND STUFFED BREADS

6:30-8:30

4 Wks

Chef Richard Inzero

In this hands-on class we will explore many types of soups: pasta e fagioli, escarole and beans, panecotto baked twice, Italian wedding soup, three clam chowders, french onion, minestrone with ribs and pepperoni. On the last night of class, we will make a variety of pizzas, calzones and stuffed breads. **A \$35 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$40 Non-resident: \$45 Room: 109 Begins: 2/3

#5605

RELAX, REST AND RENEW

7:00-8:00

8 Wks

Lyn Baumgartner, C.Y.T.

Learn to reduce stress through breathing techniques, meditation and restorative Yoga. Move gently, breathe deeply and discover the still place within. **Please bring a yoga mat and firm blanket to class.**

Fee: \$80 Non-resident: \$85 Room: NHHS Library Begins: 2/3

#5103

NAKED RETIREMENT WORKSHOP

6:30-8:00

1 Night

Michael Argiro

A fun and creative approach to retirement that strips away the numbers and addresses everyday life in retirement. Learn how to replace your work identity, stay socially connected and remain physically and mentally sharp. Create a plan, build a retirement "curious list" and change your retirement life forever by answering three revealing questions. Too many people start their first day of retirement with only a financial plan and nothing else. Do not let this happen to you.

Fee: \$20 Non-resident: \$25 Room: 106 Begins: 3/31

#5506

YOGA

5:30-6:45

8 Wks

Lyn Baumgartner, C.Y.T.

This class is designed for the beginning yoga student or the student who would like to come back to the basics. In this class, we will explore stretching, alignment, foundation and breathing practices, primarily in the Iyengar tradition. Come to class prepared to discover balance, breath and joy of yoga. **Please bring a yoga mat and firm blanket to class.**

Fee: \$80 Non-resident: \$85 Room: NHHS Library Begins: 2/3

#5104

Give a gift certificate for a special occasion.

Certificates may be purchased in our office.

Wednesday

BEGINNING RUSSIAN

#5702

6:00-8:00

10 Wks

Tanya Flath

You will learn the basic Russian alphabet, how to read in Russian, pronunciation, and basic grammar and vocabulary. No book is necessary, handouts will be provided. **Please bring a notebook, pen or pencil to class.**

Fee: \$85 Non-resident: \$90 Room: 107 Begins: 2/4

CROCHET: ALL LEVELS

#5208

6:30-8:30

8 Wks

Susan Tendler

As a beginner, you will learn about hooks, gauge, yarns and basic stitches. New students should bring a size "H" crochet hook to class and four ply light color yarn. Advanced students will improve their skills in reading patterns, gauge, resizing and learning more difficult stitches and patterns. This class is great for stress reduction and meeting new friends.

Fee: \$80 Non-resident: \$85 Room: 108 Begins: 2/4

DRAWING: BEGINNER & INTERMEDIATE

#5209

6:30-8:30

5 Wks

Sara Ghods

Students will gain a gradual, yet thorough understanding of how to draw what they see by first learning how to use basic graphite pencil techniques. They will explore the importance of line, focusing on line weight with its directional and expressive qualities. Students will draw still life, scenery and portraits as they go in depth about drawing procedures and techniques. Students will improve both their skills and knowledge of drawing and become more creative. All that is needed is a pencil, paper and a few hours of practice for simple drawing to become beautiful artwork.

Fee: \$60 Non-resident: \$65 Room: 117 Begins: 2/4

IPAD: A COMPREHENSIVE INTRODUCTION

#5310

6:00-8:00

3 Wks

Dave Wray

Whether you are already using your iPad or have yet to take it out of the box this course is for you. iPads offer technology and features to make your everyday life more fun and manageable, but you have to know how to do it, and this is the course to help. The course starts at the beginning by reviewing the iPad itself and discussing hardware and its functionality. From there we proceed through all of the touches and gestures needed to navigate on your iPad. Once those are mastered, we explore all the settings that allow you to create a user experience customized to suit your needs. We'll discuss the importance of security, data storage and the iCloud to allow you to synch and protect your data, and also locate your iPad if it lost or stolen. This course packs enough information to help experienced users improve their experience at a pace suited for both basic and intermediate users. **Bring your iPad with you to class and have your Apple ID and password.**

Fee: \$60 Non-resident: \$65 Room: NHHS Library Begins: 4/29

IPHONE/IPAD: BEYOND THE BASICS

#5311

6:00-8:00

3 Wks

Dave Wray

We build off the topics discussed in the Introductory classes and delve deeper into the advanced functionality of the devices. Beginning with web surfing and email we'll take a deeper look into both of these elements, discuss the functionality and how to utilize both Apps effectively. We'll discuss the other options of using your iPhone/iPad for communicating, whether it be iMessage, Skype or Facetime. Maintaining your digital photo library is fun and easy with your iPhone/iPad. We'll discuss organizing your albums, photo/video editing techniques, the photo/video library options as well as the many different ways of sharing your photos/videos with others. We'll also discuss the many uses for the Siri voice recognition software. Downloading and playing movies or television shows is a great way to help pass the time during a trip and we'll look at how to best do so on your iPhone/iPad. We'll also look at the streaming options available through Hulu+ and Netflix and how those Apps can be used. Lastly we'll discuss how to use your iPhone/iPad for creating and editing spreadsheets or word processing documents. **Bring your iPad/iPhone with you to class and have your Apple ID and password.**

Fee: \$60 Non-resident: \$65 Room: NHHS Library Begins: 5/20

ITALIAN PASTRY AND EASTER PIES

#5609

6:30-8:30

5 Wks

Maryann Ciarleglio

Pastry Chef Maryann shares her family recipes for Easter Holiday pies and pastry: Ricotta Pie, Cream Pie, Ham Pie, Rice Pie, Italian Bigonotte pastry and other Easter specialties in this hands-on class. **A \$40 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$60 Non-resident: \$65 Room: 109 Begins: 3/11

INTRODUCTION TO ACTIVE DREAMING

#5419

7:00-9:00

4 Wks

Jan Johnson

Bring your dreams and join in the creative play of Active Dreaming. You will learn a simple process to quickly uncover dream guidance. As we share, draw and act upon them you will remain the final authority of your own dreams' meaning. Bring a dream journal, pen and pillow to sit on.

Fee: \$55 Non-Resident: \$60 Room: NHHS Library Begins: 2/11

KEYBOARDING MADE EASY

#5303

6:30-9:00

6 Wks

Sara Bozzuto

Learn to type or improve keyboarding skills with this "hands-on" course using the computer keyboard. "Hunt and Peck" specialists will learn to use all ten fingers. Basic typing skills and good keyboarding habits will be learned and practiced. Increase your speed and productivity using PCs, Windows and Microsoft Office. No knowledge of computers is necessary. Handouts are included. **Please bring a USB Flash Drive to class.**

Fee: \$75 Non-resident: \$80 Room: 104 Begins: 3/18

Wednesday

MICROSOFT EXCEL MADE EASY

6:30-8:30

6 Wks

Sara Bozzuto

Create spreadsheets for personal or business applications using Microsoft Excel. Learn to navigate, enter and edit text and numbers, create formulas, format worksheets and analyze data. Learn to open, close, save, select, copy, move, paste, and enhance your worksheet using styles, spell checking, setting margins, headers and footers. Print versions and portions of the worksheet and enter formulas using a variety of methods. Learn to use web queries. Keyboard skills are helpful. Useful materials are included in course fee. **Please bring a USB Flash Drive to class.**

Fee: \$85 Non-resident: \$90 Room: 104 Begins: 2/4

#5304

PLANNING FOR AFFORDABLE LONG TERM CARE #5507

7:00-9:00

1 Night

Armen Abrahamian, CLTC, CSA

This course covers the entire spectrum of long term care planning. Topics include: the three ways to pay for home health care, assisted living facility and nursing home expenses; how the State of Connecticut views your assets and your income; the use of trusts and gifting assets through the Connecticut Partnership for Long Term Care; how long term care insurance works and the different types of policies available, including shared plans, single pay plans and plans that return a premium. This class is designed to be an informational seminar with ample opportunity for individual questions.

Fee: \$20 Non-resident: \$25 Room: 106 Begins: 3/25

PAINTING - OIL & ACRYLICS

6:30-9:30

8 Wks

Marilyn Bedell

This is a class in oil and/or acrylic painting for beginning and intermediate students. The course will include paint application, color mixing, color relationship, and the opportunity to develop individual techniques. Students will gain confidence by working with still life subjects and painting from landscape photographs of choice. A material list will be given prior to class beginning.

Fee: \$80 Non-resident: \$85 Room: 114 Begins: 2/25

#5210

THE WORLD OF BEAD WEAVING

6:00-8:00

5 Wks

Fran Paulman

A 5-week journey designed to take the beginner into the realm of sewing little glass beads together to make a "fabric" and then send you on your way with enough knowledge to be able to create your own designs. Starting with how to thread those skinny needles and the best materials to use with which beads, you will learn four weaving stitches: peyote, square, brick and herringbone. You will complete at least one jewelry project of your choice.

A \$15 non-refundable supply fee is due to the instructor the first night of class.

Fee: \$70 Non-resident: \$75 Room: 115 Begins: 3/4

#5218

These classes are all held with Diane Esposito at Personal Harmony and Health LLC.

REIKI I PRACTITIONER CERTIFICATION #5802A - 3/9 & 3/11 #5802B - 4/6 & 4/8 #5802C - 5/11 & 5/13 6:00-9:00

Your Reiki I Certification will include a complimentary pre-class consultation, class manual, healing and Reiki I Attunements; Meditation, steps to integrate the Principles of Reiki; positions for healing self and others; an overview of the 7 main Chakras. Discover the limitless uses of energy, balancing how it supports overall health and wellbeing. Reiki promotes stress release, relaxation, and rejuvenation which allow your body to innately heal itself. Prerequisite: call 203-913-3869 to schedule a pre-class consultation with Diane 7 or more days before class. **A \$25 non-refundable materials fee is included in price.** Fee: \$150

ANGELSPEAKE™

#5405A - 2/10 #5405B - 3/10 #5405C - 4/14 #5405D - 5/12

6:30-8:30

Join Diane as she presents an integrative class on angel communication. Receive guidance on how to open more fully to the energy of asking, believing/trusting, letting go, and gratitude. Experience how intuitive senses are enhanced with a touch of aromatherapy. Discover the support of group energy. All levels of experience with speaking to your angels, including those who wish to begin their exploration, are invited. New and returning students are welcome. **Fee: \$33 includes a non-refundable materials fee of \$8. Returning Student Fee: \$25 (please bring manual to class).**

GUIDED MEDITATION W/CRYSTALS & STONES #5421A - 2/18 #5421B - 3/18 #5421C - 4/15 #5421D - 5/20 6:30-8:30

Join Diane for the relaxation, release, and refreshment of Guided Imagery Meditation. Class includes a touch of Aromatherapy and/or use of Crystals and Stones for grounding, focus, and flow. Connect to support, guidance, and wisdom of one's Intuitive gifts, Angels and guides. Strengthen and integrate lasting, healthy transformations and learn to release and heal those thoughts and relationships that drain one's energy or spirit. Fee: \$25

In person registration at North Haven High School for Enrichment classes

will take place on:

Tuesday, January 13

Tuesday, January 20

Tuesday, January 27

Thursday, January 29

7:00 - 8:30 PM

SAT PREPARATION COURSE



For more information, contact Mrs. Opramolla at 203-239-1641 Ext. 2310.

Thursday

AMERICAN HEART ASSOCIATION FRIENDS & FAMILY CPR #5805

6:30-9:30

1 Night

C.Levy RN, S. Gesner, RN

Learn the lifesaving skills of adult Hands-Only® CPR, child CPR with breaths, adult and child AED use, infant CPR and relief of choking in an adult, child or infant. This course is for those who want to learn CPR but do not need a course completion card in CPR. Ideal for anyone interested in learning how to save a life.

Fee: \$50 Non-resident \$55 Room: 106 Begins: 3/26

CULINARY JOURNEY AROUND THE WORLD #5610

6:00-9:00

1 Night

Lucy Rich

Join professional chef and caterer Lucy Rich, on a food journey around the world. Each week you will learn a different type of cuisine as you prepare an appetizer, entree and dessert from that country. You can take part in one or all seven weeks. **A \$20 non-refundable consumable fee included in the price of the class.**

5610A - Feb 5 - Hungary **5610E** - Apr 9 - France

5610B - Feb 19 - Poland **5610F** - Apr 23 - Spain

5610C - Mar 5 - India **5610G** - May 7 - Mexico

5610D - Mar 19 - Greece

Fee: \$50 Non-resident: \$55 Room: 109

CYBER SECURITY & IDENTITY THEFT #5508

6:30-8:00

1 Night

Michael Argiro

An interactive workshop that educates the public about protecting against the growing epidemic of identity theft, credit card fraud, phishing scams, and ruinous hacks. Attendees follow along with a personal quick reference guide and scorecard to measure their cybersecurity knowledge and calculate their own cybersecurity score. After hearing tips and solutions for each threat, attendees create an individualized action plan with key steps they can take to be better protected against cybersecurity threats.

Fee: \$20 Non-resident: \$25 Room: 106 Begins: 3/12

EMBROIDERY #5201

6:00-8:00

2 Wks

Henrietta Curtis

Start stitching! Learn a variety of embroidery stitches, and sewing with a number of threads. Use embroidery to embellish clothes, cloths, pillows or home furnishings. Just bring your scissors. **A \$20 non-refundable material fee is due to the instructor the first night of class.**

Fee: \$35 Non-resident: \$40 Room: 103 Begins: 5/14

IMPROVE YOUR KNITTING #5213

6:00-8:00

2 Wks

Henrietta Curtis

Basic knowledge of knitting is essential. Learn to knit a variety of stitches by making sweaters, scarves and clothes for yourself and family. Each week we will explore different techniques. Bring your needles and yarn. **A \$20 non-refundable supply fee is due to the instructor the first night of class.**

Fee: \$35 Non-resident: \$40 Room: 103 Begins: 3/19

LEARN TO KNIT #5220

6:00-8:00

1 Night

Henrietta Curtis

Learn how to cast on easily, knit and purl.

A \$20 non-refundable material fee due first night of class.

Fee: \$35 Non-resident: \$40 Room: 102 Begins: 3/5

LOSE WEIGHT WITH HYPNOSIS #5409

7:00-9:00

3 Wks

Liz Santamaria

Sometimes losing weight takes more than diet and exercise; it takes changing habits like snacking between meals, eating late at night, just to name a few. Through hypnosis you change those bad habits into positive habits. Join us for three nights to help change your old habits, improve your weight loss experience and to improve your health. You will also learn self-hypnosis to reinforce your new positive thought patterns. **Bring a pillow and blanket.**

Fee: \$65 Non-resident: \$70 Room: NHHS Library Begins: 4/2

MAKING THE MOST OF SOCIAL SECURITY #5505

6:30-8:00

1 Night

Michael Argiro

Do you wonder if Social Security will be there for you, and if so, will it be enough to live on during your retirement? You will learn how to maximize Social Security benefits, and make informed retirement plan distribution decisions and create a "do-it-yourself" pension.

Fee: \$20 Non-resident: \$25 Room: 106 Begins: 4/23

REPLACEMENT WINDOW WORKSHOP #5406

7:00-9:00

1 Night

Paul O'Doherty

Do you want to save on heat and a/c bills and take advantage of any incentive programs that might be available but do not know where to start? What is right for your home: low-e, argon, triple pane, wood, vinyl, fiberglass - confused? Well don't be! You will learn how to replace windows.

Fee: \$25 Non-resident: \$30 Room: 105 Begins: 3/19

SMART PHONE PHOTOGRAPHY #5219

6:30-9:00

1 Night

Mary Beth Morrissey

Want to take better photos with your phone? Learn what makes a good photo, the rules of photography, what the best apps are and what to do with the photos after you take them. Make the most of your smart phone camera!

Fee: \$32 Non-resident: \$37 Room: 106 Begins: 5/21

STENCILING #5205

6:00-8:00

1 Night

Henrietta Curtis

We will stencil on cards and fabric, for home decor as well as personalized greeting cards. Simple but fun! **A \$15 non-refundable material fee included in price of the class.**

Fee: \$40 Non-resident: \$45 Room: 103 Begins: 5/7

TASSELS #5206

6:00-8:00

1 Night

Henrietta Curtis

Tassels can decorate pillows, clothing or gifts. Learn how to make a selection of tassels with a variety of decorations.

A \$20 non-refundable material fee included in price of the class.

Fee: \$45 Non-resident: \$50 Room: 103 Begins: 6/4

YOGA II #5106

6:45-7:45

8 Wks

Lyn Baumgartner, C.Y.T.

This Iyengar based class is for students with some yoga experience. It is multi-level and props will be provided if needed. Sun and Moon salutations are included in this flowing vinyasa style class, moving through the poses with awareness of breath, body and the stillness that lies within.

Fee: \$100 Non-resident: \$105 MECA Begins: 2/5

Driver's Ed



DRIVER EDUCATION PROGRAM

Tuesday and Thursday

2:15 PM-4:15 PM 15 sessions

Session 1: 1/6/15 Session 2: 4/7/2015

Room: 116



All-Star Driver, Connecticut's Leader in Driver Education, is offering driver education at North Haven High School.

The program includes:

- 30 hours of interactive classroom training
- 8 hours of behind the wheel training
- Multiple parent tools including a **MANDATORY** two hour parent training session

More advanced programs, additional behind the wheel hours, and license testing are available.

\$550

Weekend and evening classes are available at All-Star Driver's Hamden location (1890 Dixwell Avenue)

Call 1-800-732-8090 or visit www.all-stardriver.com/northhavenhs



Bus Trips

Mohegan Sun- Celebrate Valentine's Day

Whether you are a serious gambler or just a casual player, this trip is for you. Mohegan Sun is an entertainment extravaganza with many gaming options, great dining options, entertainment venues, shopping and more.

#1271 Saturday, February 14 \$49

The Horse Knows the Way to Carry the Sleigh

The Salem Cross Inn is a restored 18th Century farmhouse nestled on 600 acres of country side. Enjoy winter at its best with a full day of New England activities. There will be a welcome reception, apple pie demonstration, Sleigh Ride over the beautiful property, full-course lunch, and sing-a-long entertainment.

#1273 Saturday, March 7 \$99

9/11 Museum, 9/11 Memorial, and Circle Line Cruise

Sail down the Hudson on board Circle Line's "Liberty Cruise". We will view Ellis Island, One World Trade Center and the World Financial Center. We will visit the 9/11 Memorial and Museum honoring the lives of those who were lost in the terrorist attacks.

#1272 Sunday, April 12 \$110

Warner Theater - Hello Dolly

We are off on a whirlwind race around New York at the turn of the twentieth century with America's most beloved matchmaker, with so many wonderful songs. Full course lunch will be served prior to the show.

#1274 Sunday, May 3 \$99

Country Living Fair

Begin with a guided tour of the winery and wine making process. Enjoy wine, wine crackers and olive oil samplings. Great shopping: antiques & artisans, home decor, gifts, jewelry, and specialty food. Informative seminars and how to's: cooking, crafting, decorating, and book signing.

#1275 Saturday, June 6 \$80

Adventures in Hudson Valley - Dutch's Spirits

We will have a guided tour of the historic bunker museum which brings the Prohibition era to life. We will tour the 21st century distillery with tasting, enjoy a farm table lunch prepared by an executive chef, and then visit to Harney & Sons Fine Tea

#1276 Saturday, July 18 \$95

The Outlets at Assembly Row & Charles Riverboat Cruise

Boston's newest attraction, The Outlets at Assembly Row, are not just outlet shopping but an outdoor destination of cafes, dining options and beautiful architecture set in a picturesque, pedestrian friendly 6 acre waterfront. Afternoon we will board the Charles Riverboat Narrated Cruise and see Boston and Cambridge, Beacon Hill, Back Bay and several universities.

#1277 Saturday, August 15 \$80

Jazz in the Village

We will begin with a jazz lunch at Garage Restaurant, then meet our local guide for an easy walking tour of the West Village where O'Henry, Mark Twain, Edgar Allan Poe and other writers once lived. Next over to Bleeker Street where we will browse the bakeries, cheese shops, and cafes.

#1278 Saturday, September 19 \$108

Frida Kahlo's Garden - NY Botanical Gardens

This Exhibit from the Mexican artist featuring flora & paintings.

#1279 Saturday, October 17 \$85

Harlem with Apollo Theater

Tour the Apollo Theater, eat at Sylvia's Famous Restaurant.

#1280 Saturday, November 7 \$125

North Haven and Hamden residents will now pay the resident rate in both the North Haven and Hamden catalogs

General Policies

ELIGIBILITY:

Hamden-North Haven Adult Education programs are open to all residents of Hamden, North Haven, Bethany, Orange and Woodbridge, who are over 17 years of age. Non-residents are welcome to participate in the enrichment program.

TUITION AND FEES:

Persons enrolled in Basic Skills, ESOL, GED® Prep, Citizenship and Adult High School Programs are exempt from tuition. Residents (from Hamden or North Haven) enrolled in enrichment courses must pay the designated fee by check, money order or credit card. Non-residents must pay the non-resident rate listed.

SPECIAL FEES

North Haven senior citizens 62 and older are entitled to a 20% discount on all courses except single session classes, bus trips and where noted.

OUR REFUND POLICY

- Refunds are available prior to the beginning of the course. All requests for refunds must be made four business days before the start of the class. A \$15 processing fee will be subtracted from all refunds given.
- Bus trip refunds must be requested four weeks prior to departure, **or as stated in the trip description.**
- There will be no refunds for any reason after a course has begun, however students can request a tuition credit, which will be valid for one year. A \$15 processing fee will be subtracted from all credits given.
- Prepaid supply/consumable fees are not refundable.

BOOKS AND MATERIALS

Books and materials for all classes requiring same will be acquired by students at their own expense. If supplies are to be purchased prior to class, we recommend you confirm your class before purchasing supplies. Supply/consumable fees must be paid by cash, check or money order to the instructor.

CLASS CANCELLATION

Any class may be cancelled for insufficient enrollment or for any other reason beyond the control of the Adult Education Director.

COURSE CONFIRMATION

Classes will be limited to optimum size for learning. Confirmation will not be sent, but you will be notified if your registration cannot be accepted. Registrations will be honored in the order received. If a course is oversubscribed, North Haven residents will be given priority. We reserve the right to limit enrollment or to withdraw scheduled courses from the program for lack of sufficient enrollment.

For reasons beyond our control, it is sometimes necessary to change staff, location, time and date. Any class longer than one night may take additional weeks to complete due to school closings. Please plan accordingly. See page 3 for those dates.

STORM DAY POLICY

Adult Education classes are automatically cancelled if Public Schools are closed during the day. If the weather deteriorates during a scheduled school day necessitating cancelling evening classes, an announcement will be made on Channels 3, 30 and 8 prior to 6:30 pm. If school is delayed, classes at our learning lab at the Keefe Community Center begin at their scheduled time. Check website www.hamdenadulthood.org or <https://www.facebook.com/hamdenadulthood>

Directions to North Haven High School

FROM I-91:

FROM NEW HAVEN: 1-91 North - Exit 10 (CT- 40). Take first exit on CT-40. Turn right onto Devine Street. Take right onto State Street. Take right onto Dixwell Avenue. Take right onto CT-40 toward I-91/Bailey Road/Hartford/New Haven. Take the Bailey Road exit. At the first light turn right onto Elm Street. The high school is on the left at 221 Elm Street.

FROM HARTFORD: I-91 South - Exit 12 (Washington Avenue). Turn left onto Washington Avenue. Follow Washington Avenue through the center of North Haven (Town Green on left and Town Hall on right). Follow around the Green. Turn right onto Bailey Road. Turn left onto Elm Street at light. The high school is on the left at 221 Elm Street.

FROM PARKWAY - ROUTE 15:

FROM NEW YORK/NEW HAVEN: Route 15 - Exit 62 (Dixwell Avenue). Turn left onto Dixwell Avenue. After third traffic light turn left on CT-40 toward I-91/Bailey Road/Hartford/New Haven. Take the Bailey Road exit. At the first light turn right onto Elm Street. The high school is on the left at 221 Elm Street.

FROM HARTFORD: Route 15 - Exit 63 (Bishop Street). Turn left onto Hartford Turnpike. At the traffic light, turn left onto Bishop Street. Go straight through one traffic light. At the second light, turn right onto State Street. At second light turn right onto Dixwell Avenue. Take first right onto CT-40 toward I-91/Bailey Road/ Hartford/ New Haven. Take the Bailey Road exit. At the first light turn right onto Elm Street. The high school is on the left at 221 Elm Street.

Directions to all other class locations can be found on our website or by contacting our office.

How to Register

STARTS IMMEDIATELY

ONLINE REGISTRATION

www.hamdenadulted.org/coursecatalog



MAIL

Send registration form and payment to:
Hamden-North Haven Adult Education
211 Elm Street
North Haven, CT 06473
Checks, Money Orders and
MasterCard/VISA/Discover Accepted



FAX

(203) 407-2056
(203) 239-2115
MC/VISA/Discover only



PHONE

(203) 407-2028
(203) 239-1641 ext. 2
MasterCard/VISA/Discover Accepted



IN PERSON

Hamden Adult Education Office
Monday - Friday 8 am - 3 pm



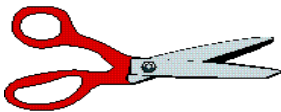
Nondiscrimination

In compliance with regulations of the Office of Civil Rights and with Equal Opportunity practices as determined by state and with federal legislation, the Hamden Board of Education, adheres to the following Federal statement from the Office of Civil Rights: No person in the United States shall, on the basis of sex, be excluded from participation in, or denied the benefits of, or be subjected to discrimination under any educational program or activity receiving state or federal assistance. For further information contact **Hamden Public Schools** at 203.407.2059.

General Accessibility and Accommodation

Anyone who needs assistance to gain access to classrooms or any other accommodations for effective communication should contact LuAnn Gallicchio, Hamden Adult Education (203.407.2028) prior to the event so the necessary accommodations may be provided. The adult education program is committed to making all course offerings accessible, and upon request, this brochure is also available in alternative formats. Questions, concerns or complaints concerning the Americans with Disabilities Act of 1991 should be directed to Vanessa Ditta at 203.407.2059.

We DO NOT confirm registrations.



HAMDEN - NORTH HAVEN ADULT EDUCATION - REGISTRATION FORM

REG. #

DEP. #

Name _____ Date _____

Email Address _____

Street _____ City _____ State _____ Zip _____

Home Phone _____ Alternate Phone _____

Senior Citizen (62 years or older) ☐

Course #	Course Title	Fee

☐ FAX to: (203) 407-2056

☐ Check # _____

☐ Credit Card #

☐ Money Order # _____

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Make checks payable to:
Hamden Adult Education
221 Elm Street
North Haven, CT 06473

Signature _____ EXP. DATE _____

Required for credit card orders

www.hamdenadulted.org

Hamden - North Haven Adult Education

North Haven High School
221 Elm Street
North Haven, Connecticut 06473

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ECRWSS
Residential Customer

Adult Education Office Hours

Monday - Thursday 5:15-9:15 PM

203-239-1641 ext. 2

Fax: 203-239-2115

www.hamdenadulthood.org

Location of Classes

Green Acres Elementary School
146 Upper State Street, North Haven

Keefe Community Center
11 Pine Street, Hamden

MECA Art Studio
28 Washington Avenue, North Haven

Montowese Elementary School
45 Fitch Street, North Haven

North Haven High School
221 Elm Street, North Haven

North Haven Middle School
5 Bailey Road, North Haven

Personal Harmony and Health, LLC
8 Whispering Pines Drive, Wallingford